



## Lab activity 3 Solid bones?

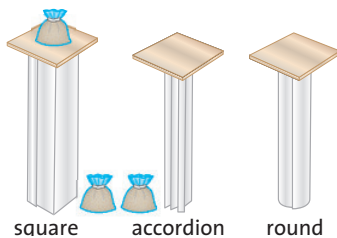
### Research question

Which shape offers more sturdiness to bones: flat, round or square?

### Workplan

#### Materials

- three sheets of paper (A4)
- glue(stick)
- plastic bags of sand (from 100 g to 2 kg)
- three sturdy pieces of cardboard of 10 x 10 cm



#### Method

- 1 Fold a square tube out of a sheet (lengthwise) with sides of approximately 4 cm. Glue a border of 1 cm.
- 2 Make longitudinal folds (like in an accordion) out of another sheet.
- 3 Roll a round tube out of the third sheet having a diameter of about 4 cm. Again, glue a border of around 1 cm.
- 4 Put the models upright and place the pieces of cardboard on top of them (see picture).
- 5 Carefully place bags of sand in the middle of a piece of cardboard. Start with the lowest weight and add one at the time. Continue until the model drops and falls over.
- 6 Fill in the weight at Result.
- 7 Place bags of sand on top of the other models as well. Again, fill in the weight where the model drops.

### Result

- 1
  - a You can put \_\_\_\_\_ g on the square tube before it drops.
  - b You can put \_\_\_\_\_ g on the 'accordion' before it drops.
  - c You can put \_\_\_\_\_ g on the round tube before it drops.

### Conclusion

- 2 Write a conclusion. Complete the sentence.

The most solid model is \_\_\_\_\_

- 3 Re-read the topic about the functions of the skeleton and complete the sentences.

- a Long bones in your body mostly offer \_\_\_\_\_
- b Flat bones in your body mostly offer \_\_\_\_\_

- 4 Take another look at **figure 6** in your textbook.

Bone cells have a specific way of growing. How does that influence the solidity of bones?

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